

Our Family Support Resources

Support Group or Organization:	
Contact Person:	
Address:	
Website/Email:	
Phone:	
Fax:	

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Support Organizations In Washington State:

- **ARC-For** families who have a child with developmental disabilities including autism, Down syndrome, Fragile X and other developmental disabilities

Arc of King County- 877-964-0600, or 206-364-6337 www.arcofkingcounty.org

Arc of Kitsap/Jefferson- 360-377-3473, www.arckj.org

Arc of Grays Harbor- 866-537-7272 or 360-537-7000 www.arcgh.org

Arc of Snohomish- 425-258-2459, www.arcsno.org

Arc of Southwest Washington- 360-254-1562, www.arcofclarkcounty.org

Arc of Spokane- 509-328-6326, .arc-spokane.org

Arc of Tri Cities- 509-783-1131, www.arcofricities.com

Arc of Whatcom County- 360-715-0170, www.arcwhatcom.org

Arc of Yakima County- 509-426-1292, www.arcyakimacounty.weebly.com
- **Exceptional Families Network-Piece County-** 253-830-4368, www.exceptional-families.org
- **Fathers Network** - www.fathersnetwork.org (425) 653-4286

Serves fathers and families of children with special needs in Washington State.
- **Kindering Center- (Bellevue)-** 425-747-4004, www.kindering.org

Emotional support and information to families of children with special needs and/or disabilities.

Our Family Support Resources

- **Northwest Special Families: King & Snohomish Counties-** 425-205-2004,
www.northwestspecialfamilies.org/
Offers support and social opportunities for children with special needs and their families.
- **Pierce County Coalition for Developmental Disabilities** - 253-564-0707 www.pc2online.org
- **Pave** <http://wapave.org/>- (253) 565-2266 or 1-800-5-PARENT (572-7368)
Support, advocacy and training to empower families and individuals with disabilities.
- **Washington Parent-to-Parent-** 800-821-5927
Matches parents with trained, experienced parents, based on similar diagnoses and family issues. Visit www.arcwa.org/index.php/getsupport/parent_to_parent_p2p_programs/coordinators to find your county's program. Visit www.p2pusa.org/ to find programs in other states.
- **National Alliance on Mental Illness –Washington (NAMI)** www.namiwa.org
Education, support and advocacy for individuals and families affected by mental illness.

National Support Organizations:

- **Family Voices** - 800-572-7368 253-565-2266, www.familyvoices.org
Support, advocacy, parenting and resources for children & youth with special health care needs.
- **Madison's Foundation-** www.madisonsfoundation.org
Find other parents whose children have the same rare disease.
- **National Organization for Rare Disorders** - www.rarediseases.org/patients-and-families.
Search by your child's diagnosis.
- **Our Kids'** - www.our-kids.org
A list serve for families that with children with physical and/or mental disabilities and delays.
- **Partnership for Parents-** www.partnershipforparents.net
A safety net for parents of children with serious illnesses.
- **Facebook-** Search for pages or groups related to your child's diagnosis.

Multicultural Support Organizations:

- **Open Doors for Multicultural Families** www.multiculturalfamilies.org
- **Arc of King County –Multicultural Support:** www.arcofkingcounty.org/what-we-offer/multicultural-information-and-referral

For Siblings:

- **Sibling Support Project-** www.siblingsupport.org