A Visit to the Dentist

It is important for me to take care of my teeth. I have a nice smile!

Brushing, eating healthy, and visiting the dentist are all ways to take care of my teeth.

A dentist is a doctor who takes care of teeth.

First, we get into the car. We drive to the dentist office. We check in at the desk and we wait a few minutes.

Then we go back to see the dentist. I sit in the big chair and it moves down so I am lying down. The dentist gets a better look this way.

The dentist wears a mask but isn’t scary at all. It protects me from germs. The dentist also wears gloves to protect me from germs.
The dentist touches my lips and inside my mouth. It feels a little funny but does not hurt a bit.

All done! The dentist tells me, “Good job” and gives me a new toothbrush. Time to go home.

Sometimes the dentist will take pictures of my teeth. These are called X-rays.

I help by holding a stiff piece of paper between my teeth. The camera needs to be close to my face but it doesn’t hurt. The pictures are done very quickly.