

Time Away from Home Worksheet:

Insurance/Payment for Health Services

1. How will I pay for health care if I need to see a doctor while I'm away from home?

TIP: You may be able to find some key information on the back of your insurance card. You will also find phone numbers to call if you or your parents have questions.

2. Do I have my insurance information? *(Things to consider: Do I have a copy of my insurance card? Where will I keep it?)*

3. Do I know what my insurance pays for? *(Things to consider: Do I need any special pre-approval? Do I know how my insurance works when I see a health care provider that is not my usual doctor?)*



4. What doesn't my insurance pay for?

5. Do I have cash or a credit card to pay co-payments or for services that get reimbursed?

6. If I have Medicaid, will it pay for my health care if I am in another state?